

Workshop Weekend The Lord of the Flies- Fire Phrase

The fire phrase is a ritualistic phrase representing the tribal feel that the young men are feeling at this point in the story.

They have torn their clothes, tied ties around their heads and have war paint on their faces.

They have gone feral.



Create your own fire phrase

Firstly create 4 movements that represent the words below. You can have 2/3 moves for each word.

- 1. Fire and flames
- 2. Defend
- 3. Worship
- 4. Gang

Once you have found your movements for each word, join them together so you have one long phrase which you can repeat.



Use this music to create and practice your moves. Each movement should have 8 counts.

Work now to develop your phrase:

On move 1 add a rhythmic bounce
On move 2 add a travel in the space
On move 3 go to floor and come back up
On move 4 turn to face another direction

Each movement has 8 counts so you will have 4 x 8 in total. Add your own movement to the end of the fire phrase you learnt with Danny Reubens.

https://www.youtube.com/watch?v=K1iYdGjbxkw&feature=youtu.be

Finally, find a costume: an old uniform, school tie and some face paint!



We would love to see what you create! Share your work via Instagram Stories and don't forget to tag us! @MBNEWADVENTURES