

NEW/ADVENTURES

WORKSHOP WEEKENDS: THE BEATNIKS

In New Adventures The Car Man, we go to a club where there are a group of beatniks.

[CLICK HERE](#) for the beatniks section of the show.

Beatniks were typically urban literary intellectuals who wrote and performed in acts of spontaneous creativity, often accompanying the spoken word with music. They encouraged people to freely express individual beliefs and desires.

The choreography for the beatniks is very gestural with an early 60s feel in movement such as a minimal twist or a slow shake of the head.

THE TASK

Come up with 6 moves that involve expressive artistic gestures. For example:

- Reading a book
- Writing poetry
- Listening to music
- Playing an instrument like the bongos
- Having an outpouring of creativity



Plus:

2 slow 60s dance moves like the twist- [CLICK HERE](#) for some examples

GIVE EACH MOVE 4 COUNTS

YOU SHOULD NOW HAVE 6 MOVES THAT TAKE 4 COUNTS EACH!

Practice them so you can go from one move to the next

NEXT STAGE:

On move 1: walk 2 steps

On move 2: turn around

On move 3: add a head nod

On move 4: turn to face the back

On move 5: travel 4 quick steps

On move 6: add a small jump



MAKE IT AS RHYTHMIC AS POSSIBLE WITH THIS MUSIC



THEN USE THIS MUSIC FROM THE CAR MAN

Once you've fitted your phrase to music, do it once small and minimal, then again as big as you can make it.

Now get into the character of a beatnik! Find some dark glasses and try the phrase again imaging you are in a dark club full of artists...



We would love to see what you create! Upload your video to Instagram Stories and don't forget to tag us [@mbnewadventures](#)